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21<sup>st</sup> Edition | Winter 2021



# The Foundation Connection

## *Strong Foundation, Strong Hospital*

**Quality Care Close to Home for the Whole Family**

*When the need to access healthcare arises, the journey back to health includes not just the patient, but their whole family. When Craig Marks of Belgrave herniated a disk earlier this year he ended up staying at the Wingham & District Hospital for a couple weeks. Here is his experience in his own words:*

**“I had a herniated disk in my back and the care in Wingham was amazing. It was really important to be close to home and near family. We just had a baby in April. It was important for me to see him and my other children and my wife as well. The nurses and rehab staff were all amazing and did their part in helping get me on track to full recovery. It can be easy to take for granted the things we have. Looking back I was fortunate to have a great hospital to use right in our own back yard”.**

**--- Craig Marks, Belgrave**

*An extended hospital stay has a big impact on a patient's whole family. Craig's wife Lindsay shared her experience as the care giver and loved one throughout Craig's recovery:*

**“At the start we were a bit unsure if Wingham was the right place for Craig's recovery. When he came back to Wingham he wasn't even able to walk. When the Physiotherapist spoke with us she made sure it was when I was visiting so we were both included in the decision. She went over everything they could do for him and how it was the same as in a bigger hospital. They gave him twice daily physio so he was in the gym a couple hours each day. Watching him go from barely standing to using a wheelchair to using a walker was amazing to see. It made us feel he was in the right place getting the best care. Having access to healthcare here in our hometowns whenever we need it and being close to our loved ones while still getting the same quality of care as in a larger centre is amazing”.**

**--- Lindsay Marks, Belgrave**

*Personal, specialized care that extends to the whole family is part of what makes our hospital a special place. Big thanks to Craig & Lindsay Marks for sharing their experience.*



*The Marks family credits Craig's recovery to the excellent physio care available in Wingham. A specialized service that is available locally.*



**GIVINGTUESDAY™**

**November 30, 2021**

**Give Today!**

**wdhfoundation.ca**

or use reply card on back page



# Together again

## 9<sup>th</sup> Annual Great Hospital Race

It was an absolute pleasure to return to an in-person event for the 9<sup>th</sup> annual Great Hospital Race. With a few modifications to ensure the health and safety of all the racers and volunteers, everyone was able to enjoy a morning making fun memories in support of our hospital once again.

Ten teams of two raced on foot around Wingham completing sporty, messy, goofy challenges in a competition to see who could find and complete all five challenges first.

Thanks to all the teams who raised pledges and to our incredible corporate sponsors the event raised \$11,500 towards automated medication dispensing technology for the Wingham & District Hospital.



Some of the challenges included: paintball tic-tac-toe, charades under a sheet, three-legged orienteering, and a tortilla toss



### Special Thanks to Our Corporate Sponsors

**Lead Sponsor: Howick Mutual Insurance Company**

**Diamond Sponsors** MicroAge Basics, Lucknow Pharmasave, Pentastic Motors, Royal Oaks Remedys Rx, IG Wealth

**Platinum Sponsors** Brussels Transport Ltd., Corteva Agriscience, Royal Homes, Britespan Building Systems

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**Silver Sponsors** Gabel Electric, Rintoul's Pools & Spas, Wingham Optometry, Montgomery Service Centre, RJ Burnside, Borrmann's Garage



# Major Milestone for CKNX Healthcare Heroes Radiothon \$76,000 Raised in Wingham

The CKNX Healthcare Heroes Radiothon celebrated its 20<sup>th</sup> year on Saturday, October 16<sup>th</sup>. This major milestone is something the entire community can be proud of. Over that time, generous businesses, families and supporters have contributed more than \$12 million to improve hospitals and medical equipment across southwestern Ontario. While the event was managed remotely once again, technology allowed the broadcast to go off without a hitch and the tradition of outstanding generosity to carry on. The 12 participating Hospital Foundations together raised over \$506,000.

The WDH Foundation is pleased to announce that we have now exceeded our Radiothon goal of raising \$76,000 towards Medication Management Technology. This equipment plays an important role in a patient's healthcare journey by making sure the right medication is delivered in the right amount at the right time every single time. Thank you to all the healthcare heroes who supported the Radiothon this year and throughout the past 20 years. As we've always said: if we all give a little, we all get a lot.



*\$76,000 raised towards medication management technology*



## Your Donations Matter to Your Hospital 2021 Total Equipment Need = \$782,944

Thanks to the generosity of our community we have already come a long way towards reaching our current funding goal. However, there are still a number of projects that need your support this year. Together we can bring this vital equipment to our hospital and make improvements to our facility.



**Full complement of OR Scopes w/ EndoPro IQ technology**



**Pharmacy equipment for automated medication packaging – enhanced safety with barcode scanning**



**Renovations to refresh the X-Ray department**



Hi Friends,

This past year has presented all of us with ups and downs and the unexpected. It's understandable that in the midst of busy and complicated lives we sometimes take for granted the basics like high quality local healthcare. Personally, a recent unexpected injury quickly reminded me of how the need for healthcare can strike anyone at any time.



*The X-Ray department, where I had my knee and ankle assessed earlier this year, needs some minor renovations to bring it up to current standards, improve safety and enhance the patient experience.*

Near the end of the summer, while vacationing and enjoying the great outdoors, I sprained my ankle and knee – at the same time! I was away from home at the time and couldn't wait to get back so I could have my injuries looked at by professionals who I know and trust. I needed multiple x-rays, exams and had to wear an air-cast for several weeks. It was a long road to recovery, but thanks to the knowledgeable caregivers here in Wingham and the easy access to services I am finally able to walk normally again.

As I was so abruptly reminded, the need for medical care affects us all at every stage of life. Whether it's expected or unexpected, a minor concern or a major diagnosis we all deserve to have high quality care available to us.

***Please consider making a gift before the end of the year to help our hospital continue to serve you and your loved ones for years to come.***

Even though the unexpected has become the norm, thanks to the ongoing generosity of our community you can continue to expect the best possible healthcare at the Wingham & District Hospital. If you haven't done so yet, *we'd be honoured if you included a gift to your hospital as part of your end of year celebrations.*

A new year is upon us, while we hope for some return to normalcy we must also plan for the unexpected. Illnesses and injuries will continue to happen. By coming together in support of our hospital, we can rest easy knowing our caregivers will have the tools they need to take care of us all.



Wishing you a joyful holiday season,

Nicole Duquette-Jutzi, WDH Foundation Executive Director

# Give the Gift of Health this Holiday

**YES!** I will send my gift towards vital medical equipment **TODAY.** My Hospital matters to me.

\$500     \$250     \$100     \$50     Surprise us! \$\_\_\_\_\_

One-time gift     Monthly gift

Cheque     Cash     VISA     MasterCard

Card Holder Name: \_\_\_\_\_

Card #: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Exp: \_\_\_\_ / \_\_\_\_ CVV#: \_\_\_\_\_

Address: \_\_\_\_\_ Town \_\_\_\_\_ Prov. \_\_\_\_\_ P. Code \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

I wish to donate anonymously     I would like to discuss my giving in person.

Give online at [www.wdhfoundation.ca](http://www.wdhfoundation.ca)



Cheques payable to WDH Foundation. Mail to PO Box 1228, Wingham ON, N0G 2W0